



Saturday, October 13, 2018
10:00am Start Time
Jack's Abby, 100 Clinton Street
Framingham MA

Come Run or Walk - Rain or Shine!
First 250 Participants to register will receive a complimentary long sleeve t-shirt

Course The run/walk will begin and end at Jack's Abby, 100 Clinton Street, Framingham MA 01702

Registration \$30 Adults / \$25 Kids 14 and under registered by Oct. 11, 2018
 \$35 Adults /\$30 Kids 14 and under after October 11, 2018

Mail in registration forms must be **received** by October 1, 2018
 Deadline to register by mail October 1, 2018
 Online registration open through 12 noon on October 11 at www.UWOTC.org/5K

Check in Check-in opens at 8:30am on Oct. 13 at Jack's Abby, 100 Clinton Street, Framingham MA 01702

Awards Awards for top male and female runner by age division, and top male and female overall, top individual fundraiser and team fundraiser

Questions Contact Race Director – Sandy Baldi
 Email: Sandra.Baldi@uwotc.org or Phone: 508.370.4873

Entry Form – Jack's Abby/United Way 5K Run/Walk – Saturday, October 13, 2018
Please Print Clearly – Cut and Mail form to United Way of Tri-County
46 Park Street, Framingham, MA 01702 Attn: 5K
All information below is required to complete your registration

First Name _____ Last Name _____

Company (if running as part of a company sponsored team) _____

Address _____ City/State _____ Zip _____

Phone (including area code) _____ Email _____

Age on Race Day _____ Date of Birth _____

Emergency Contact _____ Emergency Contact Phone _____

I will (Circle One) Run / Walk Gender (Circle One) Male / Female

T-Shirt Size (Circle One) S M L XL XXL Youth L

What program would you like to support (Circle One) Hunger Relief Suicide Prevention Early Literacy

Amount Paid \$ _____ Please make check payable to United Way of Tri-County 5K

WAIVER: United Way 5K Run Walk Waiver and Release Form Release of Liability: I, the undersigned, for myself, my heirs, personal representatives and assigns, do release, waive, covenant not to sue and discharge United Way of Tri-County and affiliated persons and entities with this event, from liability from any and all claims resulting in death, personal injury, accidents or illness and property loss arising from but not limited to, participation in this athletic event. I also understand that entry fees are non-refundable. By checking this box, you agree electronically that you have read, understood and agreed to the waiver(s) above. You also are 18 or older, or have the authority to register these participants and agree to the waiver(s) for them as their parent or legal guardian. By registering a child under 13, you are consenting to the collection of the child's information that you are providing for the purposes of registration. By signing below I agree to the United Way of Tri-County 5K Run/Walk Waiver

Date _____ Signature of Entrant _____