OUR MOST NEEDED ITEMS





APPLESAUCE	Granola Bars
Canned Beans	Instant Mashed Potatoes
Canned Chicken	MEALS IN A BOX
Canned Fish (tuna and salmon)	■ Nuts
Canned Meat (spam and ham)	Pasta
Canned Vegetables	PEANUT BUTTER
Cooking oils (olive and canola)	RICE
CRACKERS	SHELF-STABLE AND POWDERED MILK
☐ DRIED HERBS AND SPICES	☐ SOUP, STEW AND CHILI
FRUIT (CANNED OR DRIED)	☐ Whole Grain Cereal

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